

**SAILING INSTRUCTIONS**  
V0.1  
**New Year's Day Pursuit Race**  
**Colin Lyons Cup**  
Sunday January 1<sup>st</sup>, 2026  
Cardiff Bay Yacht Club  
Ferry Road,  
Cardiff,  
Wales,  
United Kingdom  
CF11 0JL

The Organising Authority is Cardiff Bay Yacht Club

**1. RULES**

- 1.1 The New Year's Day Race will be governed by the rules as defined in *The Racing Rules of Sailing 2025–2028*.
- 1.2 Competitors should note that the Organising Authority implements the RYA Racing Charter and that they will be expected to sail in compliance with it. The charter can be found at the front of the RYA edition of the Racing Rules of Sailing 2025–2028 or on the RYA website at [www.rya.org.uk/racing/charter](http://www.rya.org.uk/racing/charter)
- 1.3 The RYA Arbitration of the RYA Rules Disputes procedures shall apply (for information, go to [www.rya.org.uk/go/rulesdisputes](http://www.rya.org.uk/go/rulesdisputes)). The outcome of an RYA Arbitration can be referred to a protest committee, but an arbitration cannot be reopened or appealed. This changes RRS Part 5B, Rule 63.1.
- 1.4 The Equipment Rules of Sailing shall apply.
- 1.5 Competitors must comply with any Covid 19 restrictions in place at the time of the event. Entry to the event is conditional on acceptance of all restrictions in place Nationally, locally or implemented by the hosting club at the time of the event
- 1.6 Yacht / Dinghy racing can be dangerous. The attention of owners, skippers and crew is drawn to RRS Fundamental Rule 4: "A yacht is solely responsible for deciding whether or not to start or to continue racing". The safety of a yacht and her crew is the sole and inescapable responsibility of the owner or owner's representative who must do their best to ensure that the yacht is fully found, thoroughly seaworthy and manned by an experienced crew who are physically fit to face bad weather. They must be satisfied as to the soundness of the hull, spars, rigging, sails and all gear. They must ensure that the safety equipment is properly maintained and stowed and that the crew know where it is kept and how it is to be used.
- 1.7 Cardiff Bay Yacht Club accept no responsibility or liability for loss of life or injury to members or others, or for the loss of, or damage to, any vessel or property.
- 1.8 The owner and crew will be held jointly responsible for the conduct of the yacht's crew before, during and after a race. Misconduct may result in both owner and crew being excluded from future races and render a yacht liable to disqualification.
- 1.9 Yachts and Dinghies must hold a valid and current boat insurance which covers them for third party claims of up to £3,000,000 for the entire period of the series.
- 1.10 Crew members' attention is drawn to RRS 1.2 life-saving equipment . . . "Each competitor is individually responsible for wearing personal buoyancy adequate for the conditions."
- 1.11 No yacht may carry an anchor that overhangs its bow.

1.12 Transom mounted outboard motors must be either stowed within the yacht or left in the vertical position while racing.

1.13 The Cardiff Harbour Authority regulations and Notices to Mariners will apply.

1.14 All competitors should wear appropriate clothing for the weather conditions.

1.15 Masthead buoyancy will be allowed for all Dinghies.

1.16 All activities of the regatta will be governed by the current Dinghy Race Risk Assessment (see Appendix 2). In advance of an activity occurring the Safety Officer (where present) will complete the Risk Assessment and submit to the CBYC Dinghy Committee and Race Officer for review. Mitigations for High Risk will be put in place far enough in advance to manage unacceptable risks. In the absence of a Safety Officer the Race Officer will complete the Risk Assessment.

## **2. Code of Conduct**

Competitors shall comply with reasonable requests from race officials. Any form of rude, abusive, aggressive or racist behaviour to race officials and other competitors will be considered misconduct and acted upon per RRS 69.

## **3. Eligibility**

Any sailing vessel with an RYA Portsmouth Yardstick (PY) handicap is eligible.

## **4. Radio Communication**

4.1 Any vessel may carry a working VHF radio and monitor Ch 37 while in the starting area and for the duration of the race.

4.2 Final course details and other information for competitors may be given by the race officer over VHF Radio and from the course safety and marshal boats. Normally channel 37 (M1) will be used. In the event of a problem with this then Channel 72. If possible, the race officer will also announce this over Channel 37.

## **5. Notices to Competitors and Changes in Sailing Instructions**

Notices to Competitors and Changes in Sailing Instructions will be communicated by the Race Officer to competitors either ashore at CBYC and/or on VHF Ch 37.

## **6. Schedule of Races**

There will be a single pursuit race starting at 1200 and ending at 1400 on 1st January.

## **7. Courses**

7.1 The course will use laid marks and/or fixed marks in the Bay.

7.2 The colour and general location of the marks will be announced by the race officer both ashore at CBYC and on VHF Ch37. For boats not berthed at CBYC the course safety boat will be able to provide the course.

7.3 All boats must pass through the start/finish line at the end of each lap.

## **8. Starting & Finishing Procedures**

8.1 Races will be started in accordance with RRS 26 and 29

8.2 The start line will be announced by the race officer both ashore at CBYC and on VHF Ch37.

## **10. Time Limits**

The race duration is 2 hours.

## **11. Protests**

Boats intending to protest are requested to inform the race officer as soon as possible by radio or verbally. Protests shall then be delivered in writing to the race officer, member or delegate of the race committee within 30 minutes of the end of the race. Official protest forms will be available at the Club's notice board within the foyer area.

## **12. Scoring, results and prizes**

12.1 The lead boat at the end of the race will be the winner.

12.2 Results may be displayed on the Cardiff Bay Yacht Club website after the race.

12.3 Prizes will be awarded as the race committee see fit.

### **13. Risk Assessment**

Rule 4 of the Racing Rules of Sailing states: 'The responsibility for a boat's decision to participate in a race or to continue racing is hers alone.' Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:

1. They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
2. They are responsible for the safety of themselves, their crew, their boat, and their other property whether afloat or ashore;
3. Their boat is in good order, equipped to sail in the event and they are fit to participate;
4. The provision of a race management team, patrol boats, umpires and other officials and volunteers by the event organiser does not relieve them of their own responsibilities;
5. The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances.
6. It is their responsibility to familiarise themselves with any specific risks to this venue or this event drawn to their attention in any rules and information produced for the event and to attend any safety briefing at the venue.

### **14. Insurance**

Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of £3 million per event or the equivalent.

### **15. Rubbish Disposal**

Boats shall not put rubbish into the water. Rubbish should be retained on the boat and disposed of appropriately on-shore.

## Appendix 2

### CBYC DINGHY RACE RISK ASSESSMENT SHEET

Safety Boat Cover Ratio	
Number of boats	Risk Rating
1-6	1
7-10	2
11-20	3
21-30	5
2 OR MORE SAFETY BOATS HALF THE POINTS	

Enter Safety Boat Cover Risk Number

A

Wind Conditions	
Knots	Risk Rating
0-5	0
6-10	1
11-15	2
16-25	5
Over 25	9
KTS REFERS TO MAXIMUM GUST	

Enter Wind Condition Risk Number

B

Water Quality Predictions	
Water Quality	Risk Rating
Pass	0
Fail	4
<a href="https://www.cardiffharbour.com/water-quality-forecast/">https://www.cardiffharbour.com/water-quality-forecast/</a>	

Enter Water Quality Predictions Risk Number

C

Visibility	
Visibility Level	Risk Rating
Good	0
Low	2
Unable to see the Barrage from the top of the slipway	9

Visibility Condition Risk Number

D

Date

Race Officer

TOTAL Risk Number  
(A+B+C+D)

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9 or Under is a Manageable  
Risk