This equipment is to be used by trained persons only.

Hoist Operation

The hoist is inspected in line with:

- The Lifting Operations and Lifting Equipment Regulations 1998 (LOLER)
- Provision and use of Work Equipment Regulations 1998 (PUWER)

As part of the Marina planned maintenance.

Scope

Use of equipment, slings and hoists to transfer people into and out of watercraft.

Hazards

- Slips, trips and falls
- Injuries related to manual handling strains and sprains
- Drowning

A Personal Lifting Plan may be required:

Any key issues, comments, points or requirements related to the named individual in this plan.

Review the standard plan with the person and note any additional requirements:

https://www.cognitoforms.com/CardiffBayYachtClub1/PersonalLiftingPlan

Lifting plan:

Essentials

Equipment

- 1. Before lifting on a quayside, pontoon, or anywhere by the water the following is to be worn:
 - Personal flotation device
 - Nonslip, flat shoes

Training

• Before undertaking any lifting activity, staff and volunteers should have completed moving and handling training and reviewed the persons' lifting plan.

Standard Plan

Hoist Check

- The hoist is fastened correctly to the jetty / pontoon / changing area
- All hoist attachments are working properly
- All hoist pneumatic and hydraulics are working correctly (if applicable)
- All hoist electronics are working correctly (if applicable)
- · All hoists mechanical systems are undamaged

• Check the Safe Weight Limit

Sling Check

- Check the sling seams are intact, and the stitching has not become loose or damaged.
- Check that there is no damage to the webbing straps such as fraying.
- Check the sling is compatible with the hoist being used (NOTE: RGA (Keyhole type) Slings may not be compatible with many types of hoists).
- Check that the sling label is still legible and not faded as this indicates that it is past its usable life
- Check the Safe Weight Limit

The transfer - preparation

- Identify who is going to lead the transfer one voice to direct what happens
- Two people must be present when transferring
- Size of the sling must be appropriate to the person being lifted as smaller people can "Fall through" the larger sized slings.
- A discreet conversation may be necessary to establish the weight of very large people as the sling may not be able to safely lift their weight.
- Establish whether the person being lifted prefers being lifted from a static chair or wheelchair and meet their requests where reasonably practicable.
- Discuss with the person which types of loops are preferable, and whether a sitting or reclining position is preferred.
- Position the person / boat to minimise the travel distance between the chair / pontoon / boat
- Inform the person when the lift is going to start
- Encourage the person to participate in the transfer as much as possible