PADSTOW HARBOUR COMMISSIONERS



HARBOUR OFFICE PADSTOW CORNWALL PL28 8AQ

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Local Notice to Mariners #11/2025 issued August 06th 2025

Padstow to Rock swim Friday 8th August 2025

- Please be aware that the Marie Curie Estuary Swim from Padstow to Rock takes place on August 8th 2025.
- The swim will begin at approximately 16:55 hrs and all competitors will be out of the water by approximately 18:15 hrs.
- Approximately 400 competitors (in two waves) will swim from Padstow Sailing Club to the Lifeboat Slipway at Rock.
- Safety boats will form a "moving corridor" on either side of the competitors and no vessel should pass astern of the lead safety boats or ahead of the last safety boats.
- Mariners are requested to keep clear of the area and this event for its short duration.
- We take the event and the safety of the competitors very seriously and appreciate your cooperation with staying clear of the event on the day.
- Any vessels having to navigate in this vicinity at the time of the event are required to do so with extreme care and at dead slow speed.
- A number of canoes / kayaks / paddleboards towing surf boards will be in close attendance to the competitors.
- Safety boats will wave red flags and intercept any vessels which are navigating in a manner likely to conflict with the swimmers.
- Marker buoys will be placed along the line of the course to aid the swimmers navigation. A number of small craft may be anchored for use as rest points for the competitors.
- All communications between the race organiser and safety vessels will be on VHF Ch 6, so please keep this channel clear on the day.
- "River Control" (located aboard the Harbour Patrol RHIB) has responsibility for the safety of the swimmers once in the water.
- For further information concerning swimmer safety, please contact Mr Peter Ward on 07814059976 or on the day call Padstow Harbour Patrol on VHF Ch 12.
- Alternatively, visit https://www.padstowtorockswim.org.uk/

Bryn Phillips
Padstow Harbour Master