## BEAR ESSENTIALS

**HANFODION ARTH** 

THE NEWSLETTER OF CARDIFF BAY YACHT CLUB 51.26.9 N 03.10.4 W Established in 1932



**Edition No. 53** 

October 2005

**Cost priceless** 

www.cbyc.co.uk

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Eternal vigilance is the price of safety and safety is a state of mind, not a list of equipment and remember to always wear a lifejacket when on or near water.

><(((((°<.·´¯`·., ><(((((°> <u>ANGLING</u> ><(((((°<.·´¯`·., ><(((((°>

<u>THE COD SEASON IS UPON US AGAIN:</u> — WE HOPE --- and we have three Comps. this month. On the 2<sup>nd</sup>, Tri-ad shield Comp. with C.Y.C., on the 16<sup>th</sup>, a normal Comp. and on the 30<sup>th</sup>

#### "The Big One". Our Annual Open Cod Competition.

If you intend entering this Comp. please get your entry form to Trevor Parker ASAP, as he and Stef have loads to see to this month. All details of these three Competitions will be on the Section Notice Board.

The Comp. on the 4<sup>th</sup> September was won by Merlin Woodward, a visitor on Bay Runner, with a Conger of 21lb 13ozs and 2<sup>nd</sup> was John Gittins with a Thornback Ray of 10lbs 6ozs. Eight boats were entered with 22 Members and visitors fishing.

The next few months will be very busy Comps-wise, first with the above three, then the Christmas Comp. and one other in November. Then there are a further Six scheduled for December - February. So, keep an eye on the Notice Board for details.

We are organising a Double-Act Cabaret Night on Sat 19<sup>th</sup> November with a Hot Food Buffet. Tickets will be £4.00 each for Members and One Partner and £8.00 for visitors.

RIGHT OF WAY: An easy way to remember who has right of way... The craft on your right; has the right of way, (it's as simple as that).

#### Please remember there is a <u>5 knot</u> speed limit in the river Ely.

Bar Opening Hours October To April.

C

Monday Tuesday Wednesday Thursday Friday Saturday Sunday

17.00 to 23.00 17.00 to 23.00 17.00 to 23.00 17.00 to 23.00 12.00 noon to 23.00 12.00 noon to midnight. 12.00 noon to 22.30



Bar Opening Hours October To April.

Look after your gear and it will look after you... yes, that means you!!!

There is nothing; absolutely nothing; half so much worth doing as simply messing about in boats. In or out of 'em, it doesn't matter . . . that's the charm of it... Kenneth Grahame,

"The Wind In The Willows"

#### ? ? ? ? ? ? ? DINGHIES ? ? ? ? ? ? ? ? ?

#### CBYC MIRACLE TAKES 1ST PLACE IN HOPE COVE PURSUIT RACE Or How to take Pots home from Holiday

It was a perfect sunny day in mid August when we arrived at Hope Cove with our Miracle in tow. The scene was set for a fantastic fortnight's holiday. The view from the cliff road was a sea of azure blue and a gentle breeze of ten knots or so. A perfect lazy sailing day – but not for us quite yet, as it was late in the afternoon, there was a cottage to be found and my three daughters plus my wife were complaining that they were hungry. We drove on.

For the uninitiated – Hope Cove is an almost idyllic location. Sheltered from strong winds in almost all directions and just a few miles West of Salcombe, there are two great beaches and a friendly pub – what more can you want? The next morning, as I strolled across the sand with the kids towards the harbour masters hut, my thoughts turned to the fun that must have been had just a few weeks earlier during the Miracle National Champs, at Brixham. It was just a short drive up the coast from Hope Cove and I was disappointed at having missed it, little did I know how the events that were to unfold over the next fortnight would make up for that disappointment no end.

I stood in the warm morning sun eyeing the weathered sign, which was attached to the harbour masters hut: - Launching Fees Per day £6 Per week £25 Annual £50 Seemed a bit pricey – but I consoled myself in the fact that as I was here for two weeks, I could pay for the year and come back early next season for free.

Before long, I was nearly mown down by a beat up Landover, that had "Harbour Master" printed on the door. A tall, middle aged chap, with a shaved head and a better tan than Peter Andre jumped out. His tee-shirt proudly stated "Harbour Master" on the front.

"Hello, I'm the harbour master" he said, "Can I help?" Trying to refrain from sniggering at this grand stating of the obvious, I said, "Sure, we'll be staying for two weeks" "That'll be fifty quid...look, I'll give you a sticker now and then you can sort me out with the money later. That way if my gaffer turns up he can see we're all sorted, OK?" "No problem" I said, still holding back my sniggers.

He promptly produced a red permanent marker, filled in my sticker and handed it to me. Hope Cove Harbour Dues Paid Until 1st April 2006 My sniggering stopped – gone were my illusions of a cheap holiday next year!

"You've picked a good time to visit," he said as he wandered off towards the beach "It's Hope Cove Weekend coming up.... loads to do.... you can buy a program from the Post Office..."

Half an hour later I was sat at the kitchen table in our charming cottage, drinking coffee and reading the aforementioned program. I smiled as I read out the typical seaside pursuits on offer... Crazy sports (a bit wet), sack race, sand castle competition, fancy dress and of course....tug of war. But then something special caught my eye...... Monday: Dinghy pursuit race, 9am start (small entry fee)

The whole week had been a great holiday sailing week, but on race day, as I once again walked across the sand towards where the dinghy was stored on the beach, I realised the lack of breeze was going to put a dampener on the morning. It was then that I spied my arch-enemy; otherwise known as my big brother, he'd come up from nearby Plymouth and was rigging up his Mirror dinghy with his kids. He'd also brought his friend Matthew and his Miracle.

I was regretting the challenge I'd laid down to him earlier in the week, my brother is no slouch in a dinghy. What's more, he made me take extra crew in the form of his eldest daughter, claiming I had more space. I knew of old however that it was a ploy to slow me down – with three up and no breeze, I would stand little chance.

Once out on the water however, the breeze built slightly and a triangular course was set for a mixed fleet of Mirrors, Miracles, Toppers, Laser Stratos', a Hobie 20 and a deadly Tasar. The Mirrors went off first and by the time our start time arrived, I despaired, as I spied my brother half way down the first reach, the wind dropping again. It took me nearly an hour to catch him, with the other Miracle close on my tail, but I finally revelled in his forced smile and a wave as I passed through him to leeward, there was no turning back now the race was almost ours.

It was at that point that I spied the dreaded Tasar swiftly moving through the ranks behind me. He had started nearly last but this was a quick boat and he was gaining fast, with fifteen minutes left to race I was unsure if I was going to hold him off. A few minutes later I looked back again to spot my saviour (previously my arch-enemy). Have you ever seen a Mirror sit on a Tasar? Well I can vouch for the fact that it can be done – they even exchanged pleasantries for most of the way down the reach!! From there on in it was in the bag and the girls and I jumped and cheered as the end of the race was signalled.

The prize giving was a quiet affair – three acres of uninterested burning flesh listened on the beach as the local comedy duo announced 1<sup>st</sup> and 2<sup>nd</sup> place on the Tannoy. A nice sized silver trophy was handed over, to be swiftly snatched away again... "Sorry, it's a bit expensive to take away, we've got a replica that you can take, but you must bring it back next year" After my assurances were given, I was handed a small pewter affair and then took the opportunity to grab the mic"...and if you'd just like to visit www.miracledinghy.org..."

So now it sits proudly on our windowsill, amongst the other various engraved trinkets collected over the years, a pleasant reminder of our sunny sailing holiday in Hope Cove. The question is, will I be stuck with a lifetime of holidays there in a perpetual attempt to defend it? Will the dreaded Tasar be there next year seeking vengeance? Will the harbour master still be stating the obvious? Who knows? But I do hope your holidays were as good as ours.

David, Clare, Jenny, Alys and Emily Cann. Miracle 3077.

Great suffering and sin... please take your rubbish to the bin... after working on your craft.

Sat         1         Restaurant         (12 till 2 pm)         (* C. in C.)           Sat         1         Restaurant         (12 till 2 pm)         (* C. in C.)           Sun         2         Restaurant         (12 till 2 pm)         (* C. in C.)           Wed         5         Angling night.         Form 12 noon.           Thur         6         Crulser night         Restaurant (evening).           Fri         7         Bar Open         (Training 09.30 to16.30)         Restaurant (12 till 2 pm)         Helen Phillips           Sun         9         Restaurant         (12 till 2 pm)         (Margam Boat Jumble).         Helen Phillips           Fri         14         Angling night.         Restaurant (evening).         Friming 09.30 to16.30)         Restaurant (2 till 2 pm)         Paul Simes           Fri         14         Bar open         (12 till 2 pm)         (* C. in C.)         Paul Simes           Sat         15         Restaurant         Restaurant (12 till 2 pm)         Paul Simes           Sun         16         Westor Plate Race.         Restaurant (12 pm)         Paul Simes           Fri         21         Bar open         Restaurant (12 pm)         (* C. in C.) = cruise in company: Please call Tony for destination & details. Tel. 07816 3379		Calendar of events in October								
Sun   2   Restaurant   (12 till 2 pm)	Day	Date	Event	Time		Organiser				
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	Sun :	# 30	•							
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	Calendar of events in November								
Day	Date	Event	Time	Organiser					
Tue	1								
Wed	2	Angling night.		CHRISTINA: The answer to who built Christina. She					
Thur	3	Cruiser night.	Restaurant (evening)	was built on Penarth Dock by Mike Thorne in 1964					
Fri	4	Bar open	from 12 noon.	when he was 18, She sailed from P.M.C.& C.Y.C. the					
Sat	5	(* C. in C.)	Restaurant (12 till 2 pm)	helm is Eddie Turner.					
Sun	6	Restaurant	(12 till 2 pm)	Heim is Eddie Tamer,					
Mon	7	Restaurant	(12 till 2 pm)						
Tue	8								
Wed	9	Angling night.							
Thur	10	Cruiser night.	Restaurant (evening)						
Fri	11	Bar open	from 12 noon.						
Sat	12	(* C. in C.)	Restaurant (12 till 2 pm)						
Sun	13	Angling Competition.	07.00hrs – 18.00hrs. Last weigh Restaurant (12 t	n-in 18.15hrs Angling Section till 2 pm)					
Mon	14								
Tue	15								
Wed	16	Angling night.							
Thur	17	Cruiser night.	Restaurant (evening)	PHOTO COMPETITION: The Management					
Fri	18	Bar open	from 12 noon.	Committee are running a photograph competition with					
Sat	19	(* C. in C.)	Restaurant (12 till 2 pm)	a view to finding suitable material to adorn the walls of					
Sun	20	Restaurant	(12 till 2 pm)	the refurbished Clubhouse, the deadline is the next					
Mon	21			A.G.M. Please E-Mail your entry to					
Tue	22			tony@designbyrelish.co.uk					
Wed	23	Angling night.							
Thur	24	Cruiser night.	Restaurant (evening)	( * C. in C.) = cruise in company: Please call Tony for					
Fri	25	Bar open	from 12 noon.	destination & details. Tel. 07816 337904.					
Sat	26	Restaurant	(12 till 2 pm)	destination & details. Tel. 0/010 33/304.					
Sun	27	(* C. in C.)	Restaurant (12 till 2 pm)						
Mon	28								
Tue	29	Amalian minht							
Wed	30 _	Angling night.							

The bar is open regularly from 17.00 till 23.00 daily through the week; 12 noon till 23.00 on Fridays.

12 Noon till 12 midnight Saturday and 12 Noon till 11.00 Sunday.

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SQUARE MEAL: The term three square meals a day originated in Nelson's navy. It came from the square wooden platters that the men ate from – which fitted into the fiddle around the mess table.

**THE TWO ISLANDS RACE:** went ahead with a forecast that did not bode well for completing the course. But to everyone's delight, when we got outside we had winds from the West at between 14 to 7 knots.

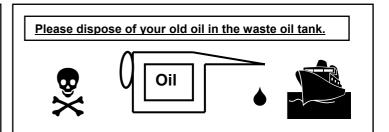
The first boat completed the course in 1hour 7 minutes 37, with the last boat finishing in 2 hours 4mins. 18. The first and second boat crossed the line with squeals of delight being heard across the channel, subsequent boats crossing the line with whoops of joy and big wows. Sunshine and good winds in the right direction made for exciting sailing and everyone came off the water asking if we are going to hold the same next week.

I would like to say from all the sailors who took part, a very big thank you to all who turned out to patrol and support the event.

The prize giving was delayed due to the race officer being stranded on the mud for an hour, then having to wait outside for an hour to get a lock in. But, sitting out there at with a 40 deg list was an experience in itself.

I think it will be all systems go for the same event next year and possibly opening it up to other classes. We can only wait and see

Taken from the CBYC web site courtesy of Paul Simes Sailing Secretary.





#### **SMILING**



Smiling is infectious, you catch it like the flu...

When someone smiled at me today, I started smiling too...

I passed around a corner and someone saw my grin...

When I smiled, I realized, I'd passed it on to him...

I thought about that smile and realized it's worth...

A single smile like mine could travel round the Earth...

So if you feel a smile begin, don't leave it undetected...

Lets start an epidemic; quick and get the world infected.

**LEADING LIGHT:** No not our illustrious editor, although if you set fire to his party wig, it would make a pretty good wreckers beacon. The Leading Light I'm referring to is the one that shows the way to Cardiff Docks entrance.

Before the barrage, I remember a leading light that shone out from a tall building in Butetown, aligned with a closer one at lower level. Since the barrage has been built and many buildings obstruct the old lighting system, a new leading light has been positioned on the barrage.

The leading light is most useful when approaching the barrage at or near low water and especially just before the channel needs dredging, when deep water is hard to find. The light is observable both night and day, giving red, white and green sectors. To find the light approaching the barrage, pass close by the Outer Wrack buoy; that's the yellow and black cardinal to the east of Penarth pier. Look to the North and to the East of St David's hotel at barrage level you will see three dolphins, between the nearest and second is the leading light.

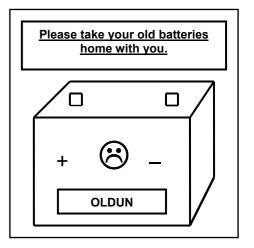
From this position it should be flashing white, if you are to the west red, to the east green. Approach the white light if no traffic, the bearing is about 010. Maintain the white light 010 course until you can see the barrage buoy [red & green] between the port and starboard buoys in the barrage channel turning to the west passing close either side of the barrage buoy entering the outer harbour starboard side of centre.

Conversely leaving the harbour at low water, make down the centre of the barrage channel keeping an eye open over your left shoulder until you can see the white light then turn and head for the Outer Wrack. If going down channel with a falling tide, set a course for the Rannie. If going up channel, set a course for the North Cardiff, with an eye on the depth recorder. JOHN WOOD 09 05.

**SPEEDING:** According to research after I was flashed / clocked on the A5 near Bedford recently (but didn't receive a ticket), I found out that recent Government legislation changes following on from the Freedom of Information Act, give access to speed camera offences registered within the last twelve months and is placed on a freely accessible website.

Did you know that every time you go even over a mile or so over the speed limit, it is registered and placed on the database? They only send a ticket if you are more than 10% plus 3 mph over, OR (and here is an interesting little known fact) if you receive over 20 "near misses". You can now check how many you have against your car's registered number. Check this page: <a href="http://www.e-database.co.uk/">http://www.e-database.co.uk/</a> http://www.e-database.co.uk/>

It will ask you for a password - but just click on the 'need a password' link and you'll be given one in a pop-up window. In the top right hand corner there is a "click-on" window and it even shows the picture taken by the camera. From Frederick Greenwell.



**FARMING:** farmers learn more from a bad harvest than a good one.

























# Battle Of Trafalgar Dinner At Cardiff Bay Yacht Club



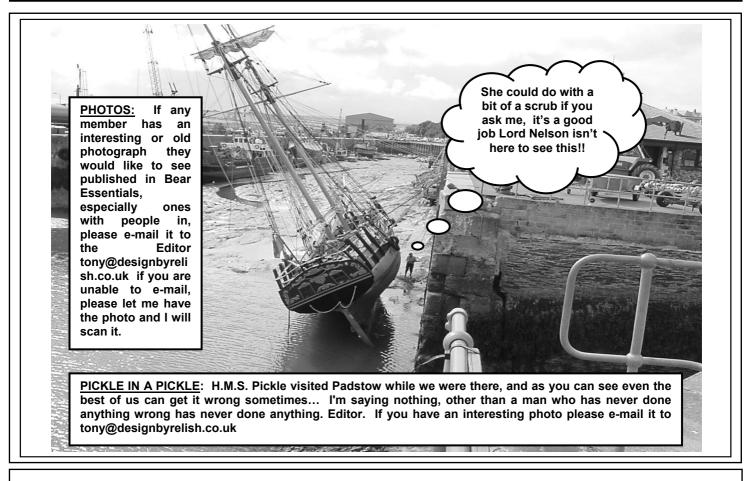
### Saturday 29<sup>th</sup> October 2005

Period Costume (optional)

Tickets £20.00 (please buy in advance from behind the bar)

19:15 Drinks Reception With Sea Shanties

20.00 Cueste To Re Seated In Admiral's Ouarters



**SKYPE:** What is Skype? Skype is voice over IP (VoIP) software which is allowing millions to make free phone calls via their computers. Skype lets you make free calls over the Internet. It's free to download and you can even add a telephone number in your country and voicemail for a weenie fee, which allows your friends who don't have computers to ring you cheaply!

Who's using Skype? Skype is for any individual who has a broadband Internet connection. You can make and receive calls to ordinary phones with your computer using software that is easy to download from <a href="https://www.skype.com">www.skype.com</a> and install.

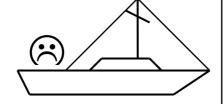
There are users from across every age group and part of society, from young children using it to keep in touch with a parent who may be travelling on business to great-grandparents using it to keep in touch with family living all over the world. You can pick up calls on your computer, wherever you go around the world, with a SkypeIn number from <a href="www.skype.com">www.skype.com</a> You can call ordinary phones anywhere in the world from your computer for the price of a local call with SkypeOut from <a href="www.skype.com">www.skype.com</a>

Skype is easy enough to use so that people don't need to be tech savvy - a lot of users just want to communicate with their friends and family, and they find this is the easiest, cheapest way. If you can use a Web browser, you can use Skype. Call ordinary phones anywhere in the world from your computer for the price of a local call with SkypeOut from <a href="https://www.skype.com">www.skype.com</a>

How many Skype users are there? The Skpe software has been downloaded more than 145 million times to date! There are more than 33,000,000 registered users so far. Paul Chambury, Yacht Camargue.

**LETTER TO THE COMMODORE**: From Cardiff Bay Harbour Authority... to whom it may concern... reference overnight mooring at Mermaid Quay... any craft mooring overnight without the appropriate mooring ticket, will in future, be impounded... Robert Freemantle, Harbour Master... You have been warned!!!





**FOR SALE:** Bombard 501 rib (3.1m 2 years old) £550.00 + Suzuki 4 hp, 4 stroke standard length outboard motor (brand new, unused) £450.00 – sell together £950.00.

Two folding bicycles (bagged) – exc condition £125.00 each – sell together £200.00.

Chart case together with 40 + Admiralty charts, ranging from the Bristol Channel - Lands End – Scilly Isles - South Coast – Ireland to Kenmare River – East Coast Ireland (Dated mostly 1997 – 2002). £120.00 the lot. Hand held Magellan GPS £60.00. Please tel. 029 2070 2704.

**CLOUDS:** that run high will soon run dry.

BEAR ESSENTIASLS NEEDS YOU I am always hungry for copy; Editor.

<u>WHAT IS GPS?</u> The Global Positioning System is a navigation system consisting of a network of 24 orbiting satellites that are 11,000 nm in space and in 6 different orbital paths. The satellites orbit around the Earth roughly every 12 hours.

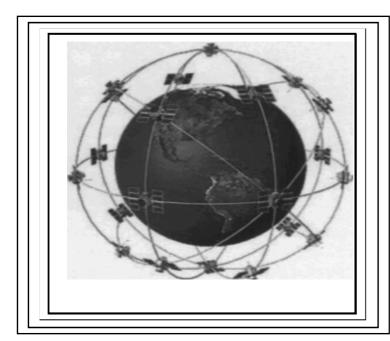
The first GPS satellite was launched back in February, 1978. Despite their distance above the earth, the transmission power is only 50 watts or less! Each satellite is expected to last about 10 years. Replacements are constantly being built and launched into orbit the GPS program is currently funded with replacements through 2006. The orbits of the satellites take them between roughly 60°N and 60°S latitudes. This means that satellite signals can be received anywhere in the world, at any time, in all weather conditions.

What information do the satellites transmit? The GPS signal contains a PRN code, ephemeris and almanac data. The PRN code (a number from 1 to 52) identifies which satellite is transmitting. Ephemeris data contains information such as status of the satellite, current date, and time.

Almanac data tells the GPS receiver where each satellite should be at any time of the day. Each satellite transmits a message, essentially saying, "I'm satellite X, my position is currently Y, and this message was sent at time Z."

To determine your position the GPS receiver compares the time a signal was transmitted by a satellite with the time it was received by the GPS receiver. The time difference tells the GPS receiver how far away that particular satellite is. By measuring the distance from other satellites, the GPS can triangulate the position. With a minimum of three satellites, the GPS can determine a 20 position fix - latitude and longitude. With four or more satellites a 3D position - latitude, longitude and altitude can be calculated.

By continuously updating your position, a GPS receiver can also accurately provide speed and direction of travel - referred to as Speed and Course Over Ground. So now you know.



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**FOR SALE:** The fast and close winded, sea-kindly sloop "River Rambler". She is a "Trintella 29" by Van De Stadt, 1978 design, built in G.R.P. with white hull and red trim, lots of extras including dinghy. Priced to sell quickly at only £15,000 tel. 07967 848862.

**PAGE THREE:** On page three, you will find the new calendar of events for the next two months....... WOW....... I welcome any comment you may have on this new addition to B.E.... it will be a permanent feature and to that end please send me your fixtures for inclusion and any other copy you may have by the usual deadline i.e. the end of each month.

As the calendar is up to eight weeks in advance would you please ensure the fixture is "carved in stone" i.e. it is definitely going to happen, the last thing I want is to spread "miss-information". Please make every effort to respond, as this an ongoing, not to be missed opportunity, to contact the members in your section with fixture dates.

NOVEMBER'S BEAR ESSENTIALS WILL BE POSTED TO ALL OF THE MEMBERS: Section Captains, this would be a good time to contact members in your section and I would be most pleased if you have something to contribute to e-mail it to me... tony@designbyrelish.co.uk The deadline as usual, is strictly the end of each month. Editor.

SAILING CRUISER WANTED: As a "Newish" member of the Club I am now planning to upgrade from dinghy to cruiser sailing. To this end I am looking for an entry level sailing cruiser of about 24 feet that is sound and seaworthy, but would benefit from a good dose of T.L.C. over the Winter. If you have a boat that, for whatever reason, is not getting the exercise it deserves, please give me a call, I'll be happy to talk to you. John Sampson (029 20216311) "

**OVERTAKING:** Don't forget that a sailing vessel overtaking a power vessel must give way.

#### **CBYC Take Part in The Great North Run:**

Well I think the big event this month for me has got to be the Great North Run. Yours truly plus GNR veteran five years in a row brother Nick Dibble and Wendy Dibble first timer, did the run together to raise money for the British Heart Foundation and of course have a lot of fun along the way.

The day started at 6am on the Sunday morning with a light breakfast, before picking up Wendy for the drive to South Shields. And yes you're right you can see the finishing line before you get on the bus to take you to the start line 13.1 miles away at Gateshead. It's at this point that you feel a bit like a racing pigeon being put on a train to be taken miles from home just to fly back to where you started from. Only of course the pigeon's can fly back and we have to run!

So here we are being dropped off at Gateshead Bus Station and a short walk to the start line dressed in our white disposable decorating suites, which we discard at the start line, looking for all the world like a team of pathologists.

You can not imagine the hype on the walk to or at the start line, it is immense 50,000 people all running to raise money for so many good causes, 50,000 fantastic people, and us 3 of 600 runners for British Heart Foundation.

At 10:40 the gun goes and we're off, well sort of, it then takes half an hour to get past the start line because of the amount of runners, but no matter as we all have our ankle chip straps so that everyone gets an accurate time.

We are now about a mile into the run and every thing is going fine. However the sun is out and it is getting hot we make good use of the Welsh Water I brought up with me from Wales as the first water point is still 3 miles away but we are doing just fine. We cross the Tyne Bridge and start the first hill, not so bad this one so we run it well most of it! then it's down hill for a bit before the big one up over 100 feet in 1½ miles, so it's run/walk walk/run walk/walk! We get to the first water point. First bottle over the head, drink half the second and were away!

Down hill for the next 3 miles so easy running, but it's getting very hot and we are passing lot's of people sitting on the grass verge suffering from the heat and waiting to be picked up by the emergency services. We then arrive at the next watering point only to find that all the water has gone! However the good people of Newcastle are out in force with hose pipes / buckets / and sponges to cool us down, so quick shower from a kind persons garden hose and away we go, It's so hot I am dry in 15 minutes so take another shower. God bless the people of Newcastle.

We are now 8 miles into the run and all 3 of us have got bits of our bodies aching we didn't think we even had, and the next 4 miles is up hill. However the good bit is that we are how running through a council estate, so lots of people to cheer us on which keeps us going. It's only 2 miles to go now a mile up hill, a short step down hill bit, turn left then along the sea front at South Shields to the finish, should be a shoe in from here. Then Wendy suddenly says my left knee don't feel so good, we stop rub some reljax in and walk for a bit, pain goes, so we carry on. By this time my legs feel like two big jelly beans, But we keep going as we can all smell the sea and we can see the top of the last hill.

Well we finished, not a record time [ 2 hours 55 minuets ] and between us we raised over a thousand pounds for BHF. We all get a hero's welcome at the British Heart Foundation Tent some food, drink and a massage. Many Many thanks for every one who sponsored me, it is all in a very good cause. Idris Dibble.

<u>WELCOME TO NEW MEMBERS:</u> I would like to extend a very warm welcome to the following new members who joined in September. It was a pleasure to meet and chat with you all. Jane Hall Membership Secretary.

Gordon and Helen Kerr	Gareth and Sarah Israel	
Stephen and Tracey Williams	Russell and Viv Burman	
Simon and Amanda Lewis	Mark Smithies and Deborah Perkin	
Peter and Rosie Tomlinson	Richard and Lucy Beasley	
David and Lorraine Yearsley	Martin and Anita Hodgson	
Bryan Jones	Robert and Christine Blair	
Russell Seale	Megan Rhian Evans	
Andrea and Jonathan Tithecott		

Editor: Tony Davies 16 St. Winifred's Close, Dinas Powis, Vale of Glamorgan, CF64 4TT - 029 2051 5376, Mobile 07816 337904. E-Mail: tony@designbyrelish.co.uk Proof reader - Bryan "Reels" Morgan. Distribution – June Ackerman and Ruth Coles. Any views expressed are those of the editor, contributor or correspondent and not necessarily those of the Cardiff Bay Yacht Club. Information contained in this newsletter is not to be used for navigation or reference purposes, always use current Admiralty publications. The publication of any article or advertisement does not imply that they are endorsed or recommended by the Cardiff Bay Yacht Club management. Copy may be amended or deleted for any reason by the Editor. Club contacts: - Fees - Ruth Coles - (029 2066 6627). Membership – Jane Hall – (029 514 915). Moorings, pontoons, yard, haul-out – Barrie Metcalf – (07966 930823) - during the weekend working period. i.e. 09.00 – 13.00 Sat. & Sun use (07773 462769). Cruisers – Tony Davies (2051 5376). Dinghies - Jeremy Taylor – (029 2040 0457). Catamarans – Idris Dibble (029 20252973). Angling - Bryan Morgan – (029 2021 7910). Motorboats - Gareth Davies (029 2086 9167). Catering - Bar – (029 2022 6575). Sailing School - Nick Sawyer (029 2051 4966). Flag Officers: President – Jean Annett (029 2062 0160). Vice President – John Mead (01443 225 338). Commodore - Roger Dunstan (029 2089 1451). Vice Commodore – Kevin Rolfe (029 2025 9442). Rear Commodore – Jonathan-Crofts Davies (029 2070 7427). Hon. Secretary Helen Phillips (029 2021 5759). Hon. Treasurer – Anthony Thomas (029 2075 0224). Hon. Sailing Secretary – Paul Simes (01443 205 120). Sailing School Principal - Nick Sawyer (029 2051 4966). Management Committee: Tony Davies (029 2051 5376). Steve Cooper (01443 820 574). Jeremy Taylor (029 2040 0457). Gareth Davies (029 2086 9167). Marc Case – (029 2070 5870). Steve parker – (01633 672 378) To external recipients of Bear Essentials, please would you kindly display it where others may read it, on a notice board if possible, than