

**Training sessions will be delivered by Cardiff Bay Yacht Club in accordance with RYA training centre guidance, and staffed by appropriately qualified and experienced instructors.**

### **Booking Conditions**

1. Cardiff Bay Yacht Club reserves the right, at all times, to cancel bookings at our discretion.
2. All participants MUST wear the buoyancy aid provided and be confident in the water.
3. All bookings are accepted on the understanding that any instructions or directions given by any member of the centre's staff are to be observed. Participants are asked to respect the equipment provided; compensation will be sought from anyone deliberately causing damage to equipment.
4. Cardiff Bay Yacht Club reserves the right at all times to refuse or restrict the use of facilities. The right is also reserved to evict anyone who refuses to comply with the conditions as stipulated, or who behaves inappropriately or, in any way, causes damage or annoyance to any other persons.
5. Participants are to wear suitable clothing (no jeans) and footwear when going on a boat. Suitable footwear means flat soft soled shoes or trainers. Please bring a change of clothing as sailing can be wet.
6. If any injuries are sustained or damage to valuables occurs, participants are to notify the centre's staff immediately.
7. Email address supplied will be used to send regular club news. Please tick the box to opt out.

### **Risk Statement**

Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk.

By participating in the training, event I, the mentioned above agree and acknowledge that:

- a) I am aware of the inherent element of risk involved in the sport and accept responsibility for exposing myself to such inherent risks;
- b) I have satisfied myself that I have the necessary skill and knowledge to take part in the event and to deal with conditions that may arise.
- c) I am responsible for ensuring that my boat is in good order, equipped and insured (including third party insurance of at least £3 million).
- d) I am responsible for my property whether afloat or ashore;
- e) I accept responsibility for any injury, damage or loss to the extent caused by my own actions or omissions or actions or omissions of myself.
- f) When racing the provision of a race management team, patrol boats and other officials and volunteers does not relieve me of my responsibilities.
- g) When racing the provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances;
- h) When racing I am bound by the Conditions of Entry, Notice of Race, Sailing Instructions and Racing Rules of Sailing (save as amended by the Notice of Race or Sailing Instructions).

**Medical consent**

I give permission to administer any relevant treatment or medication when or if necessary. In an emergency situation I authorise the organisers to take me to hospital and give my full permission for any treatment required to be carried out in accordance with the hospital's diagnosis. I understand that I shall be notified, as soon as possible, of the hospital visit and any treatment given by the hospital.