

CARDIFF BAY YACHT CLUB



Sailing Instructions

British Heart Foundation Challenge Cup Race 6th May 2019

1. Safety and Responsibility.

There will be a safety and event briefing in the club house at 12:30 for competitors

1.1 Yacht racing can be dangerous. The attention of owners, skippers and crew is drawn to RRS Fundamental Rule 4: "A yacht is solely responsible for deciding whether or not to start or to continue racing". The safety of a yacht and her crew is the sole and inescapable responsibility of the owner or owner's representative who must do their best to ensure that the yacht is fully found, thoroughly seaworthy and manned by an experienced crew who are physically fit to face bad weather. They must be satisfied as to the soundness of the hull, spars, rigging, sails and all gear. They must ensure that the safety equipment is properly maintained and stowed and that the crew know where it is kept and how it is to be used.

1.2 Cardiff Bay Yacht Club accept no responsibility or liability for loss of life or injury to members or others, or for the loss of, or damage to, any vessel or property.

1.3 The owner and crew will be held jointly responsible for the conduct of the yacht's crew before, during and after a race. Misconduct may result in both owner and crew being excluded from future races and render a yacht liable to disqualification.

1.4 Yachts must hold a valid and current boat insurance which covers them for third party claims of up to £3,000,000 for the entire period of the series.

1.5 Crew members' attention is drawn to RRS 1.2 life-saving equipment . . . "Each competitor is individually responsible for wearing personal buoyancy adequate for the conditions."

1.6 No yacht may carry an anchor that overhangs its bow

1.7 Transom mounted outboard motors must be either stowed within the yacht or left in the vertical position while racing

1.8 The Cardiff Harbour Authority regulations and Notices to Mariners will apply

1.9 All competitors should wear appropriate clothing for the weather conditions

2. Rules

2.1 The racing will be organised by Cardiff Bay Yacht Club and governed by these sailing instructions, The Racing Rules of Sailing (RRS), the prescriptions of the RYA except as any of these are changed by these sailing instructions.

2.2 The series are designated Category C as described in the ISAF Advertising Code.

3. Eligibility

3.1 Any sailing vessel is eligible with a PY number (if you don't have one the race officer will give you one)

4. Radio Communication

4.1 RADIO COMMUNICATION YACHTS:

All yachts must carry a working VHF radio and monitor Ch 37 (M1) while in the starting area and for the duration of the race.

Final course details and other information for competitors will be given by the race officer over VHF Radio. Normally channel 37 (M1) will be used. In the event of a problem with this then Channel 72. If possible the race officer will also announce this over Channel 37.

Yachts should refrain from communicating with the race officer or each other on the race channel between the warning signal and the start, except on matters of safety or unless contacted by the race officer.

5. Notices to Competitors and Changes in Sailing Instructions

Notices to Competitors and Changes in Sailing Instructions will be displayed on the club website at www.cbyc.co.uk and notice board

6. Schedule of Races

There will be 2 races sailed back-to-back starting at 14:00

7. Courses

The course will use fixed marks in the Bay. To be announced 10 minutes before the 5 minute gun

8. Starting & Finishing Procedures

8.1 Races will be started in accordance with RRS 26 and 29

8.2 The start and finish line will be between 2 fixed marks

11. Protests

Boats intending to protest are requested to inform the race officer as soon as possible. Protests shall then be delivered in writing to the race officer, member or delegate of the race committee within 60 minutes of the end of the race.

12. Results and prize giving

Will be announced ASP in the club house after the second race

Results may be displayed on the Cardiff Bay Yacht Club website after the race.

Prizes will be awarded as the race committee see fit.