

CARDIFF BAY YACHT CLUB



Sailing Instructions for Shanghai and Nimrod Cup Races -May 2018

1 Safety and Responsibility

1.1 Yacht racing can be dangerous. The attention of owners, skippers and crew is drawn to RRS Fundamental Rule 4: "A yacht is solely responsible for deciding whether or not to start or to continue racing". The safety of a yacht and her crew is the sole and inescapable responsibility of the owner or owner's representative who must do their best to ensure that the yacht is fully found, thoroughly seaworthy and manned by an experienced crew who are physically fit to face bad weather. They must be satisfied as to the soundness of the hull, spars, rigging, sails and all gear. They must ensure that the safety equipment is properly maintained and stowed and that the crew know where it is kept and how it is to be used.

1.2 Cardiff Bay Yacht Club accept no responsibility or liability for loss of life or injury to members or others, or for the loss of, or damage to, any vessel or property.

1.3 The owner and crew will be held jointly responsible for the conduct of the yacht's crew before, during and after a race. Misconduct may result in both owner and crew being excluded from future races and render a yacht liable to disqualification.

1.4 Yachts must hold a valid and current boat insurance which covers them for third party claims of up to £3,000,000 for the entire period of the series.

1.5 Crew members' attention is drawn to RRS 1.2 life-saving equipment . . . "Each competitor is individually responsible for wearing personal flotation devices adequate for the conditions."

1.6 No yacht may carry an anchor that overhangs its bow

1.7 Transom mounted outboard motors must be either stowed within the yacht or left in the vertical position while racing

1.8 The bylaws of the Port of Bristol, ABP Port of Cardiff and the Cardiff Harbour Authority regulations and Notices to Mariners will apply.

2. Rules

2.1 The racing will be organised by Cardiff Bay Yacht Club and Portishead Cruising Club and governed by these sailing instructions, The Racing Rules of Sailing (RRS), the prescriptions of the RYA, and the rules of the IRC, except as any of these are changed by these sailing instructions.

2.2 The races are designated Category C as described in the ISAF Advertising Code.

3 Eligibility

3.1 Yachts shall be self-righting, single hull vessels.

3.2 All boats competing in any race shall carry safety equipment as detailed in the form attached to these Sailing Instructions.

3.3 Yachts shall have a valid rating or handicap certificate for the class they wish to enter.

3.4 Yachts entering the IRC classes failing to have a valid certificate by their entry will be deleted from that series, subject to RRS 78.2.

3.5 It is a condition of entry that competing yachts shall permit scrutineers to check the validity of handicaps against certificates and/or class rules. Yachts may also be scrutinised to ensure compliance with 1.1 All yachts must display their correct sail numbers or sail number boards or have name boards prominently displayed.

3.6 Competitors must have read and accepted the NoR and have submitted and completed an entry form with the appropriate fee.

3.7 All competitors under 18 years of age must present a completed Consent Form to CBYC Office or Race Committee before their first race. One such form will be required for each skipper with whom that junior sails.

3.8 All non CBYC member skippers and crew will be considered as temporary CBYC members for the duration of the event.

4 Radio Communication

4.1 All yachts should monitor Ch 37 while in the starting area and for the duration of the race.

4.2 Final course details and other information for competitors will be given by the Race Officer over VHF Radio. Normally channel 37 (M1) will be used. In the event

of a problem with this then Channel 72. If possible the race officer will also announce this over Channel 37.

4.3 Yachts should refrain from communicating with the race officer or each other on the race channel between the warning signal and the start, except on matters of safety or unless contacted by the race officer.

5 Notices to Competitors and Changes in Sailing Instructions

Notices to Competitors and Changes in Sailing Instructions will be displayed on the CBYC website at www.cbyc.co.uk and/or by the Race Officer on VHF Ch 37.

6 Schedule of Races

Portishead

There will be a maximum of 6 races over two days. Start time of the first race will be 1030 on 5th May and 1100 on 6th May.

Passage Race

For those wishing to compete in the non-counting passage race from Portishead to Cardiff, there is no dedicated start time however skippers are required to take their own times for the race and forward to the CBYC Sailing Secretary by email upon completion.

Email: Sailing_secretary@cbyc.co.uk

Passage race must be completed before the warning signal for the first race of the day on 19th May and not start before the end of the final race on the 6th.

Cardiff

There will be a maximum of 6 races over two days. Start time for the first race on 19th May will be 1200 and 1200 on 20th May.

19th May – Sully Bay

Race 1 – 1200 Laid course or round cans

Race 2 – Laid course or round cans as soon as possible following Race 1

Race 3 – Laid course or round cans as soon as possible following Race 2

20th May – Cardiff Roads

Race 4 – 1200 Laid course or round cans

Race 5 – Laid course or round cans as soon as possible following Race 4

Race 6 – Laid course or round cans as soon as possible following Race 5*

*Time permitting there may be 3 races on 20th May.

7 Courses

7.1 Fleets may have different courses.

7.2 Racing will be laid courses and/or around the cans from a Committee Boat.

7.3 The course details, including start and finish lines, which may be different, will be announced over the VHF before the warning signal.

7.4 The Race Officer shall give notice of the 5-minute signal and count down from 5 seconds to that signal by VHF.

7.5 RRS 26 and 29 are modified in that no visual signals will be used and the operation of rule 30 will be announced over the VHF at the preparatory signal rather than by the I, Z or Black flags.

7.6 Start line for the passage race is a transit running down the Eastern side of Portishead Pier. Course is a straight passage from the Portishead Pier transit to the Outer Wrach channel marker located off Penarth Pier and marking the entrance to the Cardiff Bay Barrage.

7.7 Finish line for the passage race is when the Outer Wrach channel marker bears due North.

8 Shortened Courses

8.1 Courses may be shortened by the Race Officer by VHF. No sound or light signal will be used. In the event of a 'lap type course' the number or laps to be completed will be given. The course may be shortened at any mark of the course by the Race Officer. That mark will then be passed as originally prescribed. Having passed or rounded the mark Competitors will return direct to the finish line, missing out any other marks designated in the original course. The Race Officer may, for the purpose of clarification, give the direction in which they should cross the finishing line.

9 Time Limits

9.1 No yacht may start more than 30 minutes after her starting signal.

9.2 For a 'Round the Cans' type course – 2 hours.

9.3 Courses may be shortened as appropriate to ensure that the majority of the fleet can finish inside the time limits, in accordance with rule 32.1(c).

10 Protests

Official protest forms will be available from members of the Race Committee and behind the bar in the CBYC Clubhouse.

10.1 Boats intending to protest are requested to inform the race officer as soon as possible by radio etc. Protests shall then be delivered in writing to the race officer, member or delegate of the race committee within 3 hours of the end of racing for the day.

10.2 Protests where there has been no contact

All Protests where there has been no contact will be decided by Arbitration, subject to 11.2(a). Arbitration shall replace the protest hearing required under RRS 63. A Protest Mediator or his designated substitute will decide if the protest is valid. Each party being protested shall then provide a written response to the Protest within 24 hours of being supplied with a copy of it. The Protest will be decided on the basis of the written Protest form and the reply from each party protested. The Protest Mediator shall have total discretion as to whether further evidence (including witness evidence) may be submitted. The Protest Mediator shall have total discretion as to whether to convene a hearing to hear further evidence. The decision will be final.

10.2 (a)

If having read the evidence the Protest Mediator considers that the matter should be put to a full Protest Committee, he shall decide accordingly and have full discretion.

10.3 Protests where there has been contact

Protests where there has been contact will be decided by a Protest Committee in accordance with RRS 63

10.4 Penalty for Protests decided by Arbitration

Any party found to have infringed a rule shall not be disqualified but shall incur a 25% place penalty subject to a minimum of 3 places.

No penalty shall result in a score which would exceed that of a Disqualification.

Application of a penalty shall not affect the place or score of other boats.

Any decision shall be final.

11 Scoring & Discards

11.1 The low point scoring system, in accordance with RRS 90.3, will be used.

11.2 Yachts scoring DNF or RET will score points for the number of starters in the race + 1. All other yachts not classified (ie DSQ, OCS etc) will score points for the number of entries + 2.

11.3 Yachts still racing at a race time limit will be awarded an equal share of the available points had they all completed the course. If there are no finishers then no points will be awarded.

11.4 Discards. 4 races sailed – all to count, 5-7 races sailed – 1 discard, 8-12 races sailed – 2 discards.

11.5 Passage race will be non-counting toward the series and depending on number of entrants will either be run as PY or IRC/PY if numbers allow.

12 Results

12.1 Results will be displayed on the Cardiff Bay Yacht Club website as soon as possible after each day's racing.

12.2 Results may be calculated using the times of a previously completed part of the course.

13 Entertainment, Prizes and Prize Giving

Portishead

13.1 At Portishead there will be an informal gathering at the Royal Pub on the evening of Friday 4th May.

13.2 On Saturday 6th May the upper floor of Hall and Woodhouse Pub/Restaurant has been reserved for competitors.

Cardiff

13.3 Food, drinks and entertainment will be available at the CBYC upstairs bar. Further details including food options and ticket prices will be circulated closer to the day.

13.4 Prize giving will be on Sunday May 20th as soon as practical following racing in CBYC Clubhouse. 1st, 2nd and 3rd place prizes will be awarded in each fleet or as the race committee sees fit. Food and drink will be available behind the bar.

14 Commercial Shipping

14.1 Commercial Shipping must not be impeded under any circumstances; this applies particularly in restricted waters where vessels may be constrained by their draft.

14.2 Failure to observe this rule may result in a Race Officer protest. In the event of serious breaches yachts may be scored DND from all races on the day of the incident.

14.3 When racing at Portishead boats are advised to monitor channel 12 for ship movements in the Avonmouth area.

15 Penalties at the time of an incident

Penalty turns shall be taken in accordance with RRS 44.

Race Committee

Ben Redwood (CBYC)	CBYC Sailing Sec
Nick Duppa-Miller (PCC)	Race Committee member
Simon Britten (PCC)	Race Committee member
Howard Easton (CBYC)	Race Officer - Cardiff

Shanghai and Nimrod Cups 2018

Racing Equipment Check

Boat name

Skipper

Date

Item		Present	Comment
Bilge pump or bucket	Complete with operating handle		
Life jackets	1 per crewmember		
Radio	A working VHF that can transmit and receive on Ch 16 and M		
Flares	At least two in-date red hand flares and two orange smokes in a waterproof pack (or electronic equivalent)		
Anchor	Each boat shall carry a suitable anchor and sufficient chain/warp		
Fire extinguisher	Boats carrying fuel shall carry a fire extinguisher.		
First aid	Waterproof first aid pack with instructions		
Man overboard	Rescue quoit or throw-bag with at least 15m of floating line		
Knife	A suitable knife accessible from the cockpit		
Engine	Each boat shall have a suitable working engine and sufficient fuel		
General	All equipment must be of a suitable size and type for the boat		

Scrutineer

Date