

TIDES Tides are created by the gravitational attraction of one massive body on another. We commonly think of the tides as being a phenomenon that we see in the sea. There are other instances of the effects of tidal forces such as the drastic effect that a Black Hole has on matter in its close vicinity.

CUMBERLAND BASIN Lock Gate Major Repairs. Notice is hereby given that major repair work will be carried out to the Cumberland Basin outer Lock gates from 29th October 2003 for approximately four weeks. During this time access to and from the Bristol City Docks will be restricted to periods when the height of tide exceeds 9.5 metres above the Cumberland Basin sill. This equates to a height of tide 12.6 metres above Chart Datum at Kings Road Avonmouth (Spring Tides). Mariners wishing to enter or leave the Bristol City Docks must contact the Dock Master Tel: 01179273633 to arrange suitable timings.

SEA There is nothing so desperately monotonous as the sea, and I no longer wonder at the cruelty of pirates. - James Russell Lowell

LAND The most dangerous thing you can encounter at sea is the land.

JOKE Sherlock Holmes and Dr. Watson go on a camping trip, set up their tent, and fall asleep. Some hours later, Holmes wakes his faithful friend.

"Watson, look up at the sky and tell me what you see."

Watson replies, "I see millions of stars."

"What does that tell you?"

Watson ponders for a minute. "Astronomically speaking, it tells me that there are millions of galaxies and potentially billions of planets. Astrologically, it tells me that Saturn is in Leo. Time wise, it appears to be approximately a quarter past three. Theologically, it's evident the Lord is all-powerful and we are small and insignificant.

Meteorologically, it seems we will have a beautiful day tomorrow. What does it tell you?"

Holmes is silent for a moment, then speaks. "Watson, you idiot, someone has stolen our tent."

SOCIAL EVENTS 6 Dec Bingo & Quiz Night. 13 Dec Private Party (All Members admitted). 20 Dec Bingo & Quiz Night. 24 Dec Christmas Raffle Draw Night. 27 Dec Fun Night. 31 Dec New Year's Eve Dinner Dance with David Escott. 1 Jan New Year's Day Race. Please come and support our club events.
David Penning Social

SOCIAL EVENTS

- Sat 8th Nov Bingo & Quiz
- Sat 22nd Nov Bingo & Quiz
- Sat 29th Nov Rod Stevens--- Hypnotist
- Sat 6th Dec Bingo & Quiz
- Sat 20th Dec Bingo & Quiz

LIFE There is nothing more enticing, disenchanting, and enslaving than the life at sea. Joseph Conrad

HAND BOOK In an attempt to improve next year's handbook 2004 - 2005 a draft copy is available on the notice board in the foyer for your comments. Members are invited to make alterations and amendments as required. Any queries please contact the Communications Officer Tony Davies contact details below.

FOR SALE Korina, 20 foot Bermudan sloop, fin keel outboard engine, £2705.00 plus cradle & trailer £950.00 tel 01443 822548

LIBRARY Nautical books required for the club library would be most welcome. Please contact Tony Davies or alternatively place them in the downstairs bar (T.D.)

VEER is to let out more Rope or Sheet.

MINDS Great minds don't think alike.

WIND A sailor without a destination cannot hope for a favourable wind.

GROGGY comes from "grog," the name sailors in the British Royal Navy disdainfully used for their daily ration of a half-pint of rum, after it was decreed in 1740, that the rum should be diluted with an equal amount of water. The unpopular order was issued by Vice Admiral Sir Edward Vernon, nicknamed "Old Grog" because of the impressive grogam cloak he wore on deck.

E-MAIL ADDRESSES Does the club have your e-mail address? Please put it in the membership box in the foyer and you will be e-mailed with coming events...

CATERING Well, Rob & Pat and their lovely waitresses, are off to a good start and wish to thank all those that have been supporting them.

They are currently on something of a learning curve, finding out our likes and dislikes. So, don't be afraid to talk to them and tell them what it is you would like and I'm sure they will try to oblige. Remember, that if you ring them a few days before, they will be glad to help. Roy Evans.

REEF if you think reef, then reef.

SMALL BOATS The smaller the boat the more pleasure it gives.

WIND Hoist your sail one foot and you get ten feet of wind. Chinese Proverb.

SUN The diameter of the Sun is 1,400,000 km (840,000 miles) which is more than 100 times the diameter of the Earth. Its mass is more than 300,000 times that of the Earth.

ANGLING SECTION SOCIAL EVENING, FIRST WEDNESDAY OF EVERY MONTH. Light refreshments, Quiz & Raffle.

WHY TWO TIDES A DAY? Gravity is always pulling towards the moon, what causes the bulge on the opposite side of the earth? Most people think the moon rotates round the earth. In reality, the earth and the moon rotate about a common centre just inside the earth's surface (indicated by the light blue dot on the diagram). At the centre of the earth the two forces acting: gravity towards the moon and a rotational force away from the moon are perfectly in balance. They have to be otherwise the earth and moon would not stay in this orbit.

The 'tide-generating' force is the difference between these two forces. On the surface of the earth nearest the moon, gravity is greater than the rotational force, and so there is a net force towards the moon causing a bulge towards the moon. On the opposite side of the earth, gravity is less as it is further from the moon, so the rotational force is dominant. Hence there is a net force away from the moon. It is this that creates the second bulge away from the moon. On the surface of the earth, the horizontal tide generating forces are more important than the vertical forces in generating the tidal bulges.

WHY ARE TIDES CALLED NEAP AND SPRING? Neap means low - so that is an easy one. Spring tides can be confusing because they have nothing to do with the season. It is not exactly known where the word 'spring' comes from in this context but there are two possible origins. One possible source is a Scandinavian word meaning to 'leap up'. Another possibility is that it is related to the natural feature of a spring - which is a place where water wells up from the earth.

BYRON Give me a spirit that on this life's rough sea Loves t'have his sails filled with a lusty wind, Even till his sail-yards tremble, his masts crack, And his rapt ship runs on her side so low That she drinks water and her keel plows air.
- George Chapman from The Conspiracy of Charles, Duke of Byron, 1608. Act III.

WELCOME NEW MEMBERS There are no strangers at CBYC only friends you've yet to meet

Applicants have been interviewed and details displayed on the notice board in accord with Club Rules. We look forward to seeing you down the Club regularly, both on and off the water. Welcome aboard. Roy Evans, Membership Sec. Here is the list of New Members for November 2003.

Mr Tony Rayer, Mr Paul & Mrs Louise Noyes, Mr Gary Greenhaf, Mrs Patricia E J Harding, Mr William & Mrs Elizabeth Brown, Mr Allen Pittaway, Mr Neil A & Mrs Nicola Jones, Mr Alex & Mrs Jaqui Greenwood, Mr Alison & Mr Tim Hughes, Mrs Sarah S E & Mr Julian S Williams, Mr Michael K & Mrs Anna-Marie Jones, Mr Paul & Julie Dixon, Mr Kenneth W & Mrs Judith C Woodhouse, Mr Paul Ivins, Mr Peter & Mrs Jane Ash, Mr Darrell & Mrs Michelle Phillips, Mr Stuart & Mrs Mandy Roberts, Mr Peter R & Mrs Rosemary Brett, Mr A J Tawton, Mr David J Hill, Mr Stephen J Netherway, Mr Jeffrey & Mrs Geraldine Rideout.

WHAT CAUSES THE TIDES? Tides are caused by the effects of gravity in the earth-moon-sun system, and the movement of those three bodies within the system. If you imagine that the earth is completely covered in water, there are two bulges of water - one towards the moon and another on the opposite side. The rise and fall in sea-level is caused by the earth rotating on its axis underneath these bulges of water. There are two tides a day because it passes under two bulges for each rotation. This is called the *lunar tide*. Two bulges of water are also caused by the sun, called the *solar tide* and these can either reinforce or partially cancel out the lunar tide to give spring or neap tides.

WHAT ARE SPRING AND NEAP TIDES? When the earth, moon and sun are in line (during new and full moon), the bulges of water caused by the moon and sun occur in the same place on the earth's surface. The lunar tide and the solar tide are reinforcing each other - which leads to higher than average high tides, and lower than average low tides. These are called *spring tides*. When the earth, moon and sun form a right angle (at 90°) the high water caused by the lunar tide coincides with the low water of the solar tide. This produces lower than average high waters and higher than average low waters, which are called *neap tides*. They occur approximately 7 days after spring tides.

Why are they called spring and neap tides? Neap means low - so that is an easy one. Spring tides can be confusing because they have nothing to do with the season. It is not exactly known where the word 'spring' comes from in this context but there are two possible origins. One possible source is a Scandinavian word meaning to 'leap up'. Another possibility is that it is related to the natural feature of a spring - which is a place where water wells up from the earth.

A LITTLE BIRD TOLD ME The tale of the motorboat owner with his little dog. It is perhaps fortunate that dogs can swim well and I am pleased to say that the tale has a happy ending. Our dog-loving owner always takes his pet with him when going out on the boat. Recently whilst anchored on a fishing expedition the dog fell off the boat. It wasn't a problem - the dog swam back and was hauled on board.

On the second occasion, the owner was just leaving his berth when the dog fell off. Blissfully unaware, the owner set off towards the barrage waving to the onlookers who were shouting at him. Just picture the faithful hound swimming after his master at full speed...

If you see a little dog with a lifejacket then you know who!

HORSE LATITUDES refer to the regions of calm found at latitudes 30 degrees N. to 30 degrees S. It is said that sailing ships carrying horses to America, when becalmed in these latitudes, had to throw horses overboard in order to lighten their vessels and take advantage of any gentle breezes that might blow their way.

Nought cared this body for wind or weather
When youth and I lived in 't together. - Samuel Tavor Coleridge

Once more upon the waters, yet once more!
And the waves bound beneath me as a steed
That knows its rider! - Lord Byron

COVER PICTURE Does anyone have a photograph suitable for the front cover of the Club handbook for next year 2004 - 2005 please contact Tony Davies.

BEAR ESSENTIALS

HANFODION ARTH

THE NEWSLETTER OF CARDIFF BAY YACHT CLUB 51.26.9 N 03.10.4 W



Edition No. 31

November 2003

Cost Priceless

www.cbyc.co.uk

Cardiff Bay Yacht Club, Ferry Rd. Grangetown, Cardiff, CF11 0JL Tel. 029 2022 6575. Admin. 029 2066 6627. Web site www.cbyc.co.uk e-mail info@cbyc.co.uk Affiliated to the R.Y.A. and B.C.Y.C. Web site: - www.bristolchannel.co.uk

Remember... eternal vigilance is the price of safety and safety is a state of mind, not a list of equipment.

COMMODORE'S REPORT

PETER ANNETT

The club President, Peter Annett has been admitted to Hospital after suffering a heart attack over the weekend 25/26 October 2003. I am happy to say that he is responding to treatment and his condition has stabilised but he has been kept in hospital until he is passed fit enough to return home. I feel sure that every club member will wish to join with me in wishing Peter a speedy return to good health.

NEW CLUB PATRON

It is with great pleasure that I announce, that after a very pleasant meeting between himself and representatives of the Council of Management, on Sunday 2nd November 2003, The Lord Lieutenant of Glamorgan, Captain Norman Lloyd-Edwards. R.D.*, LL.B., J.P., R.N.R has accepted an invitation to become Patron of the Cardiff Bay Yacht Club with effect from that date. May I take this opportunity of welcoming him to the Club and express my hope that it will lead to a long and happy association between the Club and Himself.

SHANGHAI CUP

I would like to offer my congratulations to the organisers of the Shanghai Cup which, as you are all aware, took place every Weekend in September last. From the feedback I have received, all participants thoroughly enjoyed the events and after- race entertainment at the clubhouse. I apologise to all for missing the prizegiving at the end of the competition, but I had to attend a function which had been pre booked by my wife, some considerable time in advance.

The balance sheet for the event, after everything had been paid, showed a surplus of £500+ which has now gone into the club coffers. May I express my thanks, on behalf of the Club to Messrs Hypervalue, this years Sponsor, and to everyone responsible for the organisation of this prestigious event (I think Nick Sawyer had a hand in it somewhere!) - Well Done everybody!

CHANGING ROOMS

It is with sadness that I have to inform members that we have a thief amongst us. Over the past few months, a number of items, including wallets containing cash, have been stolen from the Club changing rooms. Until we are sure that we have eradicated this person(s) from the scene (and we are working on it) **PLEASE DO NOT LEAVE ITEMS OF VALUE IN THE CHANGING ROOMS IN YOUR ABSENCE** Some members have suggested that lockers should be provided and this is being looked into, although the Council is NOT convinced that this would be the answer, it would be better if no valuables were left to tempt the light fingered.

SPORTS VILLAGE

As you are all by now painfully aware, the developers have begun work on the sports village on land adjacent to the club. The Council of Management has been in discussion with the Contractors in an attempt to arrive at a working solution to some of the problems which are arising. If you have any constructive complaint with the arrangements in place (always remembering that safety is paramount) please write to me c/o the clubhouse and I will take it up with the appropriate body.

EDITORIAL Editor - Tony Davies 16 St. Winifred's Close, Dinas Powis, Vale of Glamorgan, CF64 4TT - 029 2051 5376, Fax 029 2049 2340, Mobile 07816 337904 E-Mail enq@natures-table.co.uk. Proof reader - Bryan "Reels" Morgan. Distribution - June Ackerman. Any views expressed are those of the editor, contributor or correspondent and not necessarily those of the Cardiff Bay Yacht Club. Information contained in this newsletter is not to be used for navigation purposes, always use Admiralty publications. The publication of any article or advertisement does not imply that they are endorsed or recommended by the Cardiff Bay Yacht Club management. Club contacts: - Fees - Ruth Coles - 029 2066 6627. Membership - Roy Evans - 029 2070 4696. Moorings, pontoons, yard, haul-out - Barrie Metcalf - 029 2066 6627. Sailing Secretary - (Vacant). Cruisers - Andy Higson 01446 750036, Dinghies - Jeremy Taylor - 029 2040 0457. Angling - Bryan Morgan - 029 2021 7910. Catering - (Galley). Bar - 029 2022 6575. Social Committee - Dave Penning - 029 2065 7988. Sailing School Principal - Nick Sawyer - (2051 4966). **Council Officers:** - President - Peter Annette 2061 5159 Vice President - Alan Savage 2051 2534, Junior Vice President - John Mead 01443 225338. Commodore - John Jefferies (2061 0864). Vice Commodore - Terry Lee (01446 739601). Rear Commodore - Roy Evans (2070 4696) (Secretary Mike Walsh (2086 1460) Minutes Secretary - Steve Adam (2055 3783). Hon. Treasurer - (Vacant). Hon. Sailing Sec. - (Vacant). **Management Committee:** - John Gittins (2088 2935) Mike Street (2061 4888). Dave Penning (2065 7988) Tony Davies (2051 5376). Alan Shaft (01446 730654). Dinghy Chairman Jeremy Taylor (2040 0457). Angling Chairman John Gittins (2088 2935). Social Committee - Dave Penning (2065 7988).

There is nothing; absolutely nothing; half so much worth doing as simply messing about in boats. In or out of 'em, it doesn't matter . . . that's the charm of it... Kenneth Grahame "The Wind In The Willows"

Admiral, n. That part of a war-ship which does the talking while the figurehead does the thinking.
Barometer, n. An ingenious instrument which indicates what kind of weather we are having.
Harbour, n. A place where ships taking shelter from storms are exposed to the fury of the customs.

The Yachtsman's Agenda (An old yachter's self-analysis) Gravity Boots has been around a typical home waters cruising +circuit in 2003, as follows in order: Cardiff – Ilfracombe – Padstow - Scilly Isles - Helford River – Falmouth – Fowey – Plymouth - Newton Ferrers – Salcombe – Dartmouth – Plymouth – Newton Ferrers - Fowey – Falmouth – Penzance – Milford Haven – Swansea – Cardiff. She left Cardiff at 04:30 on June 12th, and returned on the afternoon tide on Sept. 24th. Various friends and relatives came along, but mostly I enjoyed the excellent company of John and Ann Taylor of CBYC.

Some people, especially those still at work, might say that this was a fairly OK season for an oldish boat with an even older owner. Am I satisfied? Unfortunately not! Why am I not satisfied, when I ought to be? Because of our Yachtsman's Agendas! I've learned over 50 years of sailing that, I and all yachtsmen, but particularly cruising yachtsmen, are individualists with distinct approaches to their sailing ambitions. Typically, these graduate through such ideas as "I must go round the world" through "I must go transatlantic" to "I must cross Biscay and enter the Med" down to more accessible NW European cruising areas described in the well-known Pilot books. (For instance, my main interests are La Rochelle to Solent, and Ireland – Scotland).

Towards shaping our Agendas we all either own boats or aim to own boats. Apart from our Agendas, we usually enjoy maintaining our boats and setting them up as we like them to be.

Result – it often needs lots of persuasion and planning to find collaborators for any Agenda. For Gravity Boots in 2003, there were weeks together when she lay idle in famous cruising areas just for lack of people to sail her.

These days, large numbers of us can realise our ambition to own yachts, even if old ones like Gravity Boots.

Result – huge numbers of boats in commission but comparatively few people available and willing to go cruising. Look around if out on passage on a weekday in the Bristol Channel and you'll not see very many sails, often none at all. This despite the fact that a large proportion of boats in commission are designed for real passage-making! And many are owned by retired folk!

So, if you're retired like me, with an Agenda for classic European cruising, what's the answer? Well you won't be surprised to hear that I've never found a full answer! My Agenda is much like many other Agenda – I aim to find, or be, a collaborator rather than "crew" (the rigid chain-of-command concept isn't my idea of pleasure boating). Also, I'm cautious and believe in careful passage-planning and well-found boats, so I'm not out to go in for any pier-head jumping on sudden impulses!

Some may say to me "Go single-handed and do exactly what you like". My answer to them is that, for me, yachting is a social activity, and on passage I can easily be bored by my own company, which, together with the serious endurance needed to keep a safe watch for long periods, means single-handing is not for me (much as I respect those who do it).

Others will say "Go family sailing". I fail on this for all the common reasons – wife not interested except on guaranteed smooth water, son and daughter-in-law, fanatical dinghy enthusiasts with very busy working lives and a young family. Daughter, a very capable cruising yachter but married with young family, busy at work etc., etc. All this adds up to a one weekend a year scenario, if I'm lucky!

So, as you can see, I'm not as complacent as I might be after what was, really, a very enjoyable season. I can see next year's Agendas on the horizon! If you want to go cruising (your boat/Agenda or mine) give me a ring, my number's in the Club book! Or talk to me at the Club on Thursday evenings (or any time)! Maybe our Agendas can help each other!

Anyway, good luck and keep on with the yachting. Dion Browne, "Gravity Boots" First 32.

NAUTICAL QUOTES Throughout these Bear Essentials you will find Nautical Quotes, some truly nautical, others just expressing the spirit of yachting and the thoughts and feelings that cross your mind as you sit at the wheel or tiller. Please send me suggestions and additions. T.D.

THE OLD SALTS Is the newly formed CBYC band. If you would like to join, or, you may have an instrument to donate, please contact Nigel on 07816337904

JUPITER is the largest planet in the Solar System. It has a diameter 11 times that of the Earth and a mass (more than 300 times that of the Earth) which is greater than twice the sum of all the other planets

QUIZ

- 1) How many farthings in old (real) money were there in a pound?
- 2) Where is the Port of Fray Bentos?
- 3) Which is the largest county in England?
- 4) Who was Clyde Barrows partner in crime?
- 5) Which is the UK'S longest railway tunnel?
- 6) Which year was the Magnacarta signed?
- 7) What is philology?
- 8) .What is chef short for?
- 9) What is a tour de force?
- 10) What is a quid pro quo?

STORM They sicken of the calm, who knew the storm.-
Dorothy Parker

The Flotilla Restaurant would like to inform you that fresh homemade food is now available in the Quarterdeck Bar on Thursday evenings and Saturday and Sunday lunchtimes.

Ocean, n. A body of water that occupies about two-thirds of a world made for man - who has no gills.
- Ambrose Bierce - "The Devil's Dictionary"

FLYING FIFTEENS Nov 2003 Well an eventful month in October – both on and off the water. Congratulations to Simon Thomas who won the FF class in the recent CBYC open meeting. Simon, sailing Ffrolich just pipped Mike Jones in Hangover.

A big congratulations to Mike Jones who has won the FF Classic Arrowed travellers trophy for 2003. For any fleet member who hasn't competed in one of the qualifying events then you are missing great competitive sailing and socials afterwards. I would recommend it to everyone.

And finally congratulations to Bill Turton (FF2492) who has won the Autumn series for the fast fleet boats.

Unfortunately, Steve Clark's new classic Escape (FF630), suffered rigging failure on its maiden sail at the club. We look forward to seeing it back on the water soon.

Off the water, the sailing section as a whole is under pressure to resolve issues regarding safety boat and OOD duties. Hopefully a well attended EGM will have moved things on substantially by the time you read this. Personally I am looking for a keen, enthusiastic fifteen fleet sailor to assist me with running the FF fleet at the club. Next year with the baby due in Feb, looks like being a busy one so a willing volunteer would be greatly appreciated.

Regards Stuart Jones, Fleet Captain

BACK BY POPULAR DEMAND

THAT WELL LOVED FAVOURITE, OUR Grand Christmas Draw

£1,500 WORTH OF PRIZES TO BE WON!

Don't miss out this year.

ALL TICKET MONIES GO INTO PRIZES.

£5.00 = 50 Chances. £10.00 = 100 Chances.

**To avoid disappointment, get your tickets now and then join
in the FUN on a**

CHRISTMAS EVE FUN NIGHT 8PM-12PM

All prizes to be claimed by 31st January

ANGLING SECTION SPECIAL NOTICE....

RE PARKING: As we expect large numbers of entrants for the Open Cod Comp we would be very grateful if you could help to minimise the number of cars on Club grounds by "**Arriving with a Friend**", wherever possible.

Comps November – February: It has been decided to make all Comps arranged for these months, "**COD ONLY**"

But don't forget, this does not prevent Specimen Fish being weighed-in for the ongoing Specimen Fish Competition.

The Next Fisherman's Night, with a "BARRAGE" talk by representatives of The Cardiff Harbour Authority and Buffet etc., will be held on Wednesday, 3rd December.

You can read Bear Essentials on the Club Web Site www.cbyc.co.uk

First Rule of Sailing: Keep the ocean out of the boat.

PETALS PERILS Hello shipmates, if you read the diatribe last month, did any of you spot the deliberate spelling and grammatical mistakes????, Judy did, after the diatribe had been printed!! This grave and sudden lapse was due to a lack of time available for proof reading due to the dreaded w--- word!!

We all like to think of ourselves as 'salty sea dogs', but we're about to introduce you all to Betty, our beloved Tibetan Spaniel. A few years ago, we decided to buy a Sheltie but the breeder dared to show us Bet, and it was love at first sight. Betty has several names, including Betty Ford, when she jumps over streams, Betty the Wettie when she pees on the carpet, and now Betty the Boatie.

We bought her a lifejacket last week, and, like all proud parents, spent ages cooing over how sweet she looked!!!!. (If you need to vomit at this point, please do so!!)

Betty's first steps on Petal were assisted by Judy's foot behind her, and a great deal of encouragement but she did it and gained her Competent Pooch certificate. Betty is now studying for her Day Skiver award, and eventually hopes to cross the Bristol Channel with those intrepid seafarers.....us!!!!!! Needless to say, Betty's maiden voyage was across the Bay with lunch thrown in outside the Terra Nova. We were joined by Tony, Dave, and a nice bloke from Bristol. Betty looked every inch the doggie "Ellen Macarthur of Cardiff Bay", although the real Ellen probably never sits underneath a table while admiring yachties throw her scraps of food!!!!!(In return she gave extremely appreciative looks, as if we never feed the pampered pooch!!)

'Yachties' have a certain reputation in the outside world. Usually, it's a snobby one. Sailing is still, in many circles, thought of as a sport for the middle classes, so it is really heartening to see that C.B.Y.C. is encouraging youngsters into the sport, and Tony Davies is breaking barriers with his Skiffle band.....the inaugural performance is to be commended .The lady singer really gave it some wellie!!!!!!.....it was a live and heart-rending evening and it proves that it's all about getting up and having a go.....but please don't panic, Richard won't be doing the balloon dance at the Annual Dinner.....you're not ready for thatyet!!!

We'd like to thank the Anglers for tolerating, and indeed entertaining us at the recent R.N.L.I flare demonstration and Fisherman's night, and it was a relief to see that Geraldine can drink Judy under the table...a mean feat!!!!!!

Apologies to the Trevor and the lads for not joining them on the Watchet cruise on the 18th, but the Channel appeared slightly too choppy for our first trip.....please not that the decision was not at all influenced by the fact that Judy had just paid an unspecified sum to get her roots done, and the fact that England were playing the Springboks in what was probably the most indicative pool match in the Rugby World Cup. For the female sailors , a girlie note from Judy. As a devout Welsh woman, loyalties are sorely tested at present.....even if you don't like rugby, have a look at Johnny Wilkinson who plays for England.....beautiful!.....the ideal addition to any self respecting girlie's cruising gear.....(It should be pointed out that Judy is old enough to be Johnny's mother but window shopping is free!!!)

As some of you may know, we love finding cheap flights, exploring new worlds, and experiencing new horizons, so when Richard discovered extra annual leave, we leapt onto the internet, setting ourselves an upper limit of £20 for a return flight for two nights to anywhere. Our search found us an Easyjet flight to Newcastle for £3.99, with the return flight for not much more. We've never particularly had the urge to go to Newcastle, but we'll find the action, and report back!!!! Easyjet do not appear to be a very friendly airline judging by the programme, Airline, so we think it's time we tested them out, on behalf of C.B.Y.C.,.....the things we do for you!!!!!! (Saints, and you don't know it!!!!)

On a serious note, a very valid point was made this week. There are many people new to sailing cruisers like us in the club who really lack the confidence at present to be more adventurous. If anyone is in that position and would like to gain more confidence, we're sure that many experienced members would be happy to formally support a Novice and Improvers section .We are lucky to have gained so much support ourselves.....just a thought.....see us on Thursday nights if you have any thoughts and we'd be happy to talk to the relevant parties.

Well shipmates, it's sadly time to go.....time to get the thermals out.....time to prepare our livers for the festive frolics.....Ho!Ho!Ho! Happy sailing!!!!!! Richard and Judy.

ELECTRIC DRILL Did you know that the cordless electric drill was originally developed for the space industry T.D.

DORADO The Dorado is the fastest fish alive and can swim at up to 50 knots! (I think I may get some comments from our angling section on this one Ed.)

SATURN Is probably the best known, and most beautiful planet in the Solar System.

Competition to name the new workboat, suggestions to Barrie Metcalf please.

When men come to like a sea-life, they are not fit to live on land. - Samuel Johnson

UPHILL Uphill can be reached by sea traveling about a mile up the River Axe situated in the south-east corner of Western Bay. The tiny port has been in use for at least since the Iron Age, was important to the Romans and provided access for Welsh goods in the Middle Ages when ships sailed from Sully carrying cheese and livestock.

It provides an ideal destination for the mini cruise and those equipped for an overnight stay. Leaving the Barrage a couple of hours before high water and setting a course of 150 degrees with a speed of five knots, will bring you to the buoyed entrance of the River Axe. No longer a true river, it being sluiced off two miles up from Breandown. Follow the buoys in until the end of Breandown is reached, then dog leg South to pick up the port and starboard Stakes to the south of black rock, then follow the line of boats moored in the river.

There is a choice of three places to moor up to the river bank. First, just past the Old ferry jetty is a pontoon placed by the Western Bay Yacht Club, near their club house, on stilts. Second, there is a pontoon a couple of hundred meters up the pill going to Uphill boatyard. On a neap tide, these are accessible for one-and-a-half hours either side, but, on springs for two and a half hours, for a draught of one and a half meters.

Uphill boat yard, the third option, is only accessible on the spring tides. However, toilets and showers are provided for about a fiver a night. I have used the boat yard and their pontoon on several occasions with my fin keeler, but usually with a 10 degree tilt one way or another been dried out. Drying out at the pill pontoon is like settling into a quarry surrounded by fields, about half a mile from the boatyard. However, you do have the advantage of that soporific sound of running water from the river flowing down the gully.

There is an excellent Chandler's at the Boat Yard and a 200 metres of walk into the village will bring you to the two pubs, the Dolphin, where the yachties hang out and the Ship, where there is a restaurant with a good menu at reasonable prices. For local sight seeing climb up to the mariners Church of St Nicholas, an ancient edifice with half the roof missing, There are some interesting gravestones, like the one to the editor of War Cry and another to a hero who saved lives in a first World War air raid on London. Climb the old windmill tower and get explained view of the rest of the countryside as far as Glastonbury Tor. Further afield, you can walk the levies crossing the Axe at the sluice and along to Breandown for further magnificent views, but, be warned it can turn into a five-hour walk. Walk from Uphill to Weston along the wide beach for about an hour or so for all the fish and chips and ice cream you can eat.

For those interested in wildlife it is a rich place and on occasion we have seen numerous ducks and wading birds, stints, red Shanks, curlews and even a white egret and herons and on the last visit, a pair of kingfishers in the early morning sun flying past our boats in the mud. Of the four footed variety there are hares and rabbits and their two legged predators blasting off around dawn. If you would like to try something different in the food line pick some samphire which grows in abundance on the salt marsh, it's akin to asparagus but salty. Some may find it's an aphrodisiac, for me it's just a laxative. So if you have a small cruiser, power or sail with limited facilities, why not explore this ancient port. The return trip of 330 degrees usually takes half an hour less with a rising tide. JOHN WOOD 10. 03

ANGLING SECTION Unfortunately, due to very doubtful windy conditions, the Competition scheduled for the 19th October had to be cancelled. But, the Comp earlier in the month [5th] was quite well attended with twelve boats entering with 17 Members and 16 visitors fishing. There were 13 good sized fish weighed in, ranging from 12lbs 14ozs to 5lbs 15ozs. All except one were cod, t'other being a Thornback Ray of 9lbs 3ozs. First prize went to Daryl Hewitson, [Louise T], Cod 12lbs 14ozs and young Joshua Davies, [Mary H], was second with a cod of 11lbs 6ozs. Also there were five other winners, of two beer vouchers each; Graham Marshall, Robert Davies, Roger Winnett, Yours Truly and Steve Singleton. **We now have a busy Comp schedule arranged for the next three weeks as follows:** Sunday 2nd November, **The Open Cod Comp** on 9th November and our **Grand Christmas Comp** on the 16th November. Also the Comps programme for January and February are now on the Section Notice Board and it is intended to try and fit in a few more Comps during those two months.

So, don't forget the Open Comp and also the Christmas Comp, when all Members entering will receive a free Christmas Chicken ! **The Presentation Night** held on the 11th October went of very well, the cabaret artist was very good as also was **Geraldine's Impromptu Cabaret, with 'Bloomers'**. Thanks to all who attended and helped to make the evening successful. REELS.

CHRISTMAS As you are now probably aware, we are again running a Christmas Draw this year and already we have sold almost half of the tickets. Last year some Members were disappointed when the tickets were sold out and hadn't realised that we don't sell tickets on the night of the draw.

The answer is simple; we can't buy prizes on the night, so, we tend to stop selling tickets some time prior to the event, enabling us to get everything organised. It's no fun sitting in the Club on Christmas Eve with no chance of a prize. So, start buying on a regular basis for great night out. 8pm – 12pm. Roy Evans.

Bear Essentials is the Newsletter of the Cardiff Bay Yacht Club, it is produced monthly and is **entirely dependent on articles contributed by members**, the deadline is the end of each month, if you have an article, anecdote, item for sale or wanted etc. please e-mail it to the editor...
Tony Davies... enq@natures-table.co.uk

Thursday night is Cruiser Night, come along.

FOR SALE Offshore "Douglas Gill" waterproof jacket and matching high waisted trousers in RED, size "L". Storm hood, reflector patches, and fully lined. Good condition. Price £ 50 (fifty pounds) Telephone :029 20 626369

LOST You are free and that is why you are lost.
- Franz Kafka

WHALES If anyone is interested in cetaceans i.e. Whales dolphins etc they are invited to pick up a free colour identification guide from the foyer together with information on how you can help national and local monitoring.

CBYC Social Events : October – January

Sat 1st Nov Private Party (open to members)
Sat 8th Nov Bingo & Quiz
Sat 15th Nov Private Party (open to members)
Sat 22nd Nov Free Beer Tickets. Entertainment TBA
Sat 29th Nov Bingo & Quiz NB. Hypnotist cancelled
Sat 6th Dec Bingo & Quiz
Sat 13th Dec Private Party (open to members)
Sat 20th Dec Frostbite Series Presentation Night
Wed 24th Dec Christmas Draw Night
Sat 27th Dec Free Beer Tickets. Emma Lock – Singer
Wed 31st Dec New Year's Eve Party : Artist & Buffet
Thurs 1st Jan New Year's Day Race

Dave Penning : Social Committee. 029 2065 7988

POEM

Sunset and evening star,
And one clear call for me!
And may there be no moaning of the bar,
When I put out to sea,
But such a tide as moving seems asleep,
Too full for sound and foam,
When that which drew from out the boundless deep
Turns again home.
Twilight and evening bell,
and after that the dark!
And may there be no sadness of farewell,
When I embark;
For though from out our bourne of Time and Place
The flood may bear me far,
I hope to see my Pilot face to face
When I have crossed the bar.
- Alfred, Lord Tennyson

ANSWERS TO QUIZ

960.
Uruguay.
Yorkshire.
Bonnie Parker.
Severn Tunnel.
1215.
The study of language.
Chef de cuisine.
Outstanding effort.
An equivalent return..

CRUISER SECTION From Thursday 30 October The Cruiser section meets weekly in the Quay Lounge (downstairs bar) we have formed a new committee and our aim is to have something of interest each and every Thursday from now on.

Thursday 30 Oct Forum on down Channel / quiz / band / raffle
Thursday 6 Nov knots. quiz / band / raffle.
Thursday 13 Nov Forum up channel (Bristol lights) quiz / band / raffle.
Saturday 15 Nov Cruise to see Bristol lights.
Thursday 20 Nov Talk by Nick Sawyer Cruiser racing. quiz / band / raffle.
Thursday 27 Nov Guest speaker to be agreed. quiz / band / raffle.

OURSELVES

For whatever
we lose (like a
you or a me)
it's always
ourselves we
find in the sea
e.e.cummings.

TIDES Estimating tide rise and fall The simplest rule of thumb for the guesstimation of the height and speed of flow of the tide is the twelfths rule:

During hour 1 after low/high water 1/12 of the tide height will rise/fall,
During hour 2 after low/high water 2/12 of the tide height will rise/fall,
During hour 3 after low/high water 3/12 of the tide height will rise/fall,
During hour 4 after low/high water 3/12 of the tide height will rise/fall,
During hour 5 after low/high water 2/12 of the tide height will rise/fall,
During hour 6 after low/high water 1/12 of the tide height will rise/fall.

SAILING is like standing fully clothed under a cold shower tearing up twenty pound notes.

A boat is a hole in the water into which you pour money.

The speed of flow of the tide is approximately proportional to the amount of rise per hour, thus the fastest tide flows will occur at mid tide.

For greater detail consult a local chart and tidal atlas.

REGULAR FEATURES Angling - Bryan (Reels) Morgan, Flying Fifteens - Stuart Jones, Sailing School - Helen Philips, Pingel Tales - Brian Pingle, Around the Channel - John Wood, New Members - Roy Evans, Commodore - John Jefferies, Petals Perils - Judy Veal, Social calendar – Dave Penning, A little bird told me - Barrie Metcalf.

Thank you for supplying regular copy for the Bear Essentials. No doubt it would be impossible to produce without your contributions. My ultimate goal is to get regular monthly copy from every section of the Club. T.D.

**Everything can be found at sea according to the spirit of your quest.
– Joseph Conrad from Some Reminiscences, 1912.**